

# prOchocolate™

## Crisp

zerOconfections™



*Handcrafted*  
high protein dark chocolate bar  
no sugar added

<b>13g</b>	<b>1g</b>	<b>7g</b>	<b>11g</b>
protein	sugar	net carbs	fiber

51% organic cocoa, blended with  
algae protein & protein crisp



1.9 oz (55g)

### Nutrition Facts

1 Serving Per Container

Serving Size

1 Bar (55g)

Amount per serving

**Calories**

**272**

% Daily Value \*

**Total Fat** 20 g **26%**

Saturated Fat 12 g **58%**

Trans Fat 0 g

Polyunsaturated Fat 3 g

Monounsaturated Fat 5 g

**Cholesterol** 20 mg **7%**

Total Omega-3 8 mg

Total Omega-6 228 mg

Total Omega-9 0 mg

**Sodium** 85 mg **4%**

**Total Carbohydrate** 19 g **7%**

Dietary Fiber 13 g **46%**

Total Sugars < 1 g

Includes 0g Added Sugars **0%**

**Protein** 14 g **27%**

Vitamin D ~ mcg ~%

Calcium 31 mg 2%

Iron 2 mg 9%

Potassium 286 mg 6%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

~ Indicates a missing or incomplete value.

**INGREDIENTS:** 100% Unsweetened Organic Chocolate, zeroSugar®FIBER (Prebiotic Fiber, Stevia Leaf Extract), Organic Cocoa Butter, Dairy Protein Crisp (whey protein concentrate, rice flour), Whole Algae Protein, Sunflower lecithin

**ALLERGEN INFORMATION:** Contains milk ingredients. Manufactured on shared equipment with products that may contain eggs, wheat, peanuts and tree nuts.

@zerOconfections



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Handcrafted in Austin by: zerOconfections™  
Austin, TX 78705  
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www.zerOconfections.com

Performance Ingredients for Guiltless Indulgence  
**Crisp:** The original recipe, with a bit of crunch. Every bit as healthy, and it might make you feel like a kid again.